

SAMPLE 4-YEAR PLAN: HUMAN SERVICES AND ADDICTIONS B.S.

Northern Kentucky University

This is **one way** a student can complete this program in four years if the student requires no remedial courses.

MAJOR: Human Services and Addictions

FIRST YEAR Meet with advisor. Join HSR listserv. Join human services club.	Fall Semester		Spring Semester	
	ENG 101 College Writing	3	ENG 291 Advanced College Writing	3
	CMST 101 Public Speaking	3	HSR 216 Introduction to Group Work	3
	HSR 100 Orientation to Human Service Professions	3	Gen Ed: Self and Society; Individual and Society; PSY 100 Introduction to Psychology (recommended)	3
	UNV 101 Orientation to College and Beyond	3	Gen Ed: Culture and Creativity	3
	HSR 105 Helping Skills and Techniques for Human Service Professionals	3	Gen Ed: Global Viewpoints; SOC 100 Introduction to Sociology (recommended)	3
	TOTAL	15	TOTAL	15
SECOND YEAR Meet with advisor. Meet with the field coordinator to determine your area of interest and availability for field experience courses. Develop graduation plan.	Fall Semester		Spring Semester	
	Gen Ed: Scientific and Quantitative Inquiry; Natural Sciences with lab	4	Gen Ed: Scientific and Quantitative Inquiry; Mathematics and Statistics; STA course (recommended)	3
	HSR 300 Contemporary Issues: Mental Health	3	EDU 300 Lifespan Development	3
	Gen Ed: Culture and Creativity	3	Gen Ed: Scientific and Quantitative Inquiry; Natural Sciences; BIO 125 Biological Perspectives of Wellness	3
	Gen Ed: Self and Society; Cultural Pluralism	3	HSR 312 Crisis Intervention	3
	HSR 205 Case Management Skills in Human Services and Behavioral Health Care	3	HSR 204 Field Experience and Seminar I	3
	TOTAL	16	TOTAL	15
THIRD YEAR Meet with advisor to determine whether to pursue a specialization area of interest.	Fall Semester		Spring Semester	
	HSR 300 Ethical and Professional Practice in Human Services	3	HSR 312 Crisis Intervention	3
	HSR 305 Assessment and Appraisal in Mental Health	3	HSR 306 Introduction to Gerontology	3
	HSR 412 Leadership Skills for Small Groups	3	HSR 330 Rehabilitation and Disability Services in Behavioral Health Care	3
	HSR 340 Alcoholism: Issues and Intervention	3	HSR 304 Field Experience and Seminar II	3
	HSR 303 Multicultural Issues in Human Services	3	Elective	3
	TOTAL	15	TOTAL	15
FOURTH YEAR	Fall Semester		Spring Semester	

Complete graduation paperwork in semester prior to graduating.	HSR 430 Human Services Administration	3	HSR 404 Field Experience & Seminar III	3
	HSR 416 Intervention Theories and Skills for Case Managers	3	HSR 526 Family Centered Interventions and Practice	3
	SWK 407 Social Welfare in Contemporary Society	3	Elective	3
	Elective	3	Elective	3
	Elective	3	Elective	2
	TOTAL	15	TOTAL	14
GRAND TOTAL OF CREDITS				120
Notes: HSR elective courses are the following: HSR 314 Death, Dying, and Grief HSR 494 Topics: Mental Health HSR 499 Independent Study HSR 312 Crisis Intervention HSR 547 Children and Families in Healthcare HSR 550 Substance Abuse Assessment, Diagnosis and Treatment				