

Sample 4-Year Plan: Human Services and Addictions B.S.

This is just **one way** that a student can complete this program if the student is not required to complete remedial courses.

Year 1 : Fall		Year 1: Spring	
General Education: Communication ENG 101 Written Communications I	3	General Education: Communication ENG 102 Written Communications II	3
HSR 105 Helping Skills and Techniques	3	HSR 205 Case Management Skills in Human Services	3
General Education: Individual and Society HSR 100 Society and Human Services	3	General Education: Individual and Society: PSY 100 Intro to Psychology*	3
UNV 101: Orientation to College and Beyond	3	General Education: Math/Statistics STA 205/205R* OR STA 113*	3
General Education: Culture and Creativity (1 of 2)	3	General Education: Cultural Pluralism	3
TOTAL	15	TOTAL	15
Year 2: Fall		Year 2: Spring	
HSR 300 Ethics and Issues in Human Services	3	HSR 340 Introduction to Substance Use in Human Services	3
General Education: Oral Communication	3	EDU 300 Human Growth and Development* or PSY321 Lifespan Development*	3
Minor elective	3	General Education: Natural Science (BIO 125 Recommended)	3
Elective	2	General Education: Global Viewpoints	3
HSR 303 Multicultural Issues in Human Services	3	Minor Elective	3
TOTAL	14	TOTAL	15
Year 3: Fall		Year 3: Spring	
General Education: Natural Science with a lab	4	HSR 416 Theories/Skills for Helping Professions	3
General Education: Culture and Creativity (2 of 2)	3	HSR 305 Principles of Assessment	3
HSR 312 Crisis Intervention	3	Elective**	3
HSR412 Leadership Skills for Small Groups	3	Minor Elective	3
Minor Elective	3	Minor Elective	3
TOTAL	16	TOTAL	15
Year 4: Fall		Year 4: Spring	
HSR 304 Field Experience and Seminar	3	HSR 404 Advanced Field Experience and Seminar	3
HSR 430 Human Services Administration	3	HSR 400 At-Risk Populations in Human Services	3
HSR 450 Diagnosis and Treatment of Substance Use Disorders	3	HSR 300+ Level Elective	3
Minor Elective	3	HSR 300+ Level Elective	3
HSR 300+ Level Elective	3	Minor Elective	3
TOTAL	15	TOTAL	15
*courses outside HSR required for major		TOTAL NUMBER OF CREDITS	120

** Students seeking addictions licensure are advised to take PSY 421