

## Sample 4-Year Plan: Human Services and Addictions B.S.

This is just **one way** that a student can complete this program if the student is not required to complete remedial courses.

|   |           |   |            |
|---|-----------|---|------------|
| <b>Year 1 : Fall</b>  |           | <b>Year 1: Spring</b>   |            |
| General Education: Communication<br>ENG 101 Written Communications I            | 3         | General Education: Communication<br>ENG 102 Written Communications II       | 3          |
| HSR 105 Helping Skills and Techniques   | 3         | HSR 205 Case Management Skills in<br>Human Services                         | 3          |
| General Education: Individual and Society<br>HSR 100 Society and Human Services | 3         | General Education: Individual and<br>Society: PSY 100 Intro to Psychology   | 3          |
| UNV 101: Orientation to College and Beyond                                      | 3         | General Education: Math/Statistics<br>STA 205/205R* OR STA 113*             | 3          |
| General Education: Culture and Creativity (1 of 2)                              | 3         | General Education: Cultural Pluralism                                       | 3          |
| <b>TOTAL</b>  | <b>15</b> | <b>TOTAL</b>  | <b>15</b>  |
| <b>Year 2: Fall</b>   |           | <b>Year 2: Spring</b>   |            |
| HSR 300 Ethics and Issues in Human Services                                     | 3         | HSR 340 Introduction to Substance<br>Use in Human Services                  | 3          |
| General Education: Oral Communication   | 3         | EDU 300 Human Growth and<br>Development* or PSY321 Lifespan<br>Development* | 3          |
| Minor elective  | 3         | General Education: Natural Science<br>(BIO 125 Recommended)                 | 3          |
| Elective  | 3         | General Education: Global Viewpoints  | 3          |
| HSR 303 Multicultural Issues in Human Services                                  | 3         | Minor Elective  | 3          |
| <b>TOTAL</b>  | <b>15</b> | <b>TOTAL</b>  | <b>15</b>  |
| <b>Year 3: Fall</b>   |           | <b>Year 3: Spring</b>   |            |
| General Education: Natural Science with a lab                                   | 4         | HSR 416 Intervention, Theories and<br>Skills for Case Managers              | 3          |
| General Education: Culture and Creativity (2 of 2)                              | 3         | HSR 300+ Level Elective   | 3          |
| HSR 305 Principles of Assessment  | 3         | Elective  | 3          |
| HSR412 Leadership Skills for Small Groups                                       | 3         | Minor Elective  | 3          |
| Minor Elective  | 3         | Minor Elective  | 3          |
| <b>TOTAL</b>  | <b>16</b> | <b>TOTAL</b>  | <b>15</b>  |
| <b>Year 4 : Fall</b>  |           | <b>Year 4: Spring</b>   |            |
| HSR 304 Field Experience and Seminar  | 3         | HSR 404 Advanced Field Experience<br>and Seminar                            | 3          |
| HSR 430 Human Services Administration   | 3         | HSR 400 At-Risk Populations in Human<br>Services                            | 3          |
| HSR 550 Diagnosis and Treatment of Substance<br>Use Disorders                   | 3         | HSR 530 Process Addictions  | 3          |
| Minor Elective  | 3         | Minor Elective  | 3          |
| HSR 300+ Level Elective   | 3         | HSR 312 Crisis Intervention   | 3          |
| <b>TOTAL</b>  | <b>15</b> | <b>TOTAL</b>  | <b>15</b>  |
| <b>*courses outside HSR required for major</b>                                  |           | <b>TOTAL NUMBER OF CREDITS</b>  | <b>121</b> |