

# SAMPLE 4-YEAR PLAN: ATHLETIC TRAINING (CLINICAL EDUCATION) B.S.

## Northern Kentucky University

This is **one way** a student can complete this program in four years if the student requires no remedial courses.

MAJOR: Athletic Training

<b>FIRST YEAR</b>	<b>Pre-Professional Fall Semester</b>	<b>Pre-Professional Spring Semester</b>		
<p>It is recommended to take BIO 126 before BIO 208.</p> <p>STA 205 and PSY 100 are recommended as general education courses.*</p> <p>Meet with your advisor each semester</p> <p>to ensure you are on track for admission and graduation.</p> <p>All major courses listed here must be completed with at least a C- in order to progress in the program. Students must also maintain a GPA of 2.5 for program retention and graduation.</p>	BIO 126 Human Nutrition	3	Gen Ed: Scientific and Quantitative Inquiry; Natural Sciences; BIO 208 Human Anatomy and Physiology I	4
	Gen Ed: Self and Society; Individual and Society; PSY 100 Introduction to Psychology	3	Gen Ed: Scientific and Quantitative Inquiry; Natural Sciences; BIO 208L Human Anatomy and Physiology I	0
	ATP 101 Concepts of Athletic Training	1	Gen Ed: Self and Society; Cultural Pluralism	3
	Gen Ed: Culture and Creativity	3	Gen Ed: Self and Society; Individual and Society	3
	Gen Ed: Communication; Oral	3	HEA 135 Safety & First Aid	3
	Gen Ed: Communication; Written 1	3	KIN 200 Concepts of Lifetime Fitness	2
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>15</b>	
<b>SECOND YEAR</b>	<b>Pre-Professional Fall Semester</b>	<b>Professional Spring Semester</b>		
<p>All major courses listed here must be completed with at least a C- in order to progress in the program. Students must also maintain a GPA of 2.5 for program retention and graduation.</p>	BIO 209 Anatomy and Physiology II	4	ATP 333 Lower Extremity Evaluation	2
	BIO 209L Anatomy and Physiology II Laboratory	0	ATP 333L Lower Extremity Evaluation Lab	1
	ATP 280 Pre-Athletic Training	1	ATP 366 Athletic Training Clinical Practicum I	2
	KIN 280 Basic Recognition & Care of Athletic Injuries	3	Gen Ed: Scientific and Quantitative Inquiry; Mathematics and Statistics	3
	KIN 260 Introduction of Strength and Conditioning	3	KIN 370 Biomechanics	3
	ATP 200 Medical History and Documentation	1	Gen Ed: Global Viewpoint	3
	ATP 201 ROM, Goniometry, and Manual Muscle Test I	1	ATP 320 Emergency Care in Athletic Training	1
Gen Ed: Communication: Written II	3			
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>15</b>	
<b>THIRD YEAR</b>	<b>Professional Fall Semester</b>	<b>Professional Spring Semester</b>		
	ATP 334 Upper Extremity Evaluation	2	ATP 335 Head and Spine Evaluation	3
	ATP 334L Upper Extremity Evaluation Lab	1	ATP 440 Rehabilitation of Athletic Injuries	3

ATP 420 General Medical for Athletic Training	3	ATP 440L Rehabilitation of Athletic Injuries Lab	1
ATP 425 Therapeutic Modalities	3	KIN 340 Exercise Physiology	4
ATP 425L Therapeutic Modalities Lab	1	Gen Ed: Culture and Creativity	3

	ATP 367 Athletic Training Clinical Practicum II	3			
	ATP 350 Athletic Training Junior Seminar	1			
	ATP 300 Equipment Intensive Field Experience Program	1			
	<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>14</b>	
<b>FOURTH YEAR</b> Apply for graduation.	<b>Professional Fall Semester</b>		<b>Professional Spring Semester</b>		
	ATP 466 Athletic Training Clinical Practicum IIIA	9	KIN 300-level or above elective	2-4	
	ATP 435 Administration of Athletic Health Care	3	ATP 467 Athletic Training Clinical Practicum III B	3	
	KIN 350 Psychology of Physical Activity	3	ATP 450 Athletic Training Senior Seminar	1	
			ATP 455 Athletic Training Senior Capstone	3	
			Gen Ed: Scientific and Quantitative Inquiry; Natural Sciences without lab	3	
			Elective	3	
		<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>13-15</b>
	<b>GRAND TOTAL OF CREDITS</b>			<b>118-120</b>	