

Sample 4-Year Plan: Human Services and Addictions B.S.

This is just **one way** that a student can complete this program if the student is not required to complete remedial courses.

Year 1 : Fall		Year 1: Spring	
ENG101 Written Communications I	3	CMST 101	3
HSR105 Helping Skills and Techniques for Human Service Professionals	3	HSR205 Case Management Skills in Human Services	3
HSR100 Society and Human Services	3	General Education: Individual and Society PSY 100 Intro to Psychology*	3
General Education: Individual and Society SOC100 Intro to Sociology*	3	Elective	3
General Education: Culture and Creativity	3	General Education: Cultural Pluralism	3
TOTAL	15	TOTAL	15
Year 2: Fall		Year 2: Spring	
HSR300 Ethics and Issues in Human Services	3	HSR340 Human Services and Substance Abuse	3
Minor elective	3	EDU300 Human Growth and Development*	3
STA 205 Intro to Statistical Methods* OR STA 113* Probability and Stats with Elementary Ed Applications	3	General Education Natural Science: Bio 125* Biological Perspective of Wellness	3
ENG291 Advanced College Writing	3	General Education: Global Viewpoints	3
HSR303 Multicultural Issues in Human Services	3	Minor Elective	3
TOTAL	15	TOTAL	15
Year 3: Fall		Year 3: Spring	
General Education: Natural Science with a lab	4	HSR416 Intervention, Theories and Skills for Case Managers	3
General Education: Culture and Creativity	3	HSR Elective	3
HSR305 Assessment and Appraisal: Human Services and Substance Abuse	3	Elective	3
HSR412 Leadership Skills for Small Groups	3	Minor Elective	3
Minor Elective	3	Minor Elective	3
TOTAL	16	TOTAL	15
Year 4 : Fall		Year 4: Spring	
HSR 304 Field Experience and Seminar	3	HSR 404 Advanced Field Experience and Seminar	3
HSR 400 At-risk Populations in Human Services	3	HSR 430 Human Services Administration	3
HSR550 Substance Abuse: Diagnosis and Treatment	3	HSR530 Substance Abuse and Process Addictions	3
Minor Elective	3	Minor Elective	3
HSR Elective	3	HSR 312 Crisis Intervention	3
TOTAL	15	TOTAL	15
*courses outside HSR required for major		TOTAL NUMBER OF CREDITS	121